

Paradiddles

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The image shows a musical staff in 4/4 time with a double bar line at the beginning and end. The staff contains four groups of four eighth notes each, representing a paradiddle pattern. The notes are beamed together in groups of four. The first group is on a higher pitch, the second is on a lower pitch, the third is on a higher pitch, and the fourth is on a lower pitch. Below the staff, the letters 'R' and 'L' are placed under each note to indicate the hand used to play it.

R L R R L R L L R L R R L R L L